

# Rocklin Unified School District

Health Services

[www.RocklinUSD.org/Health](http://www.RocklinUSD.org/Health)



## WHEN STUDENTS OR STAFF HAVE SYMPTOMS, CLOSE CONTACT OR TEST POSITIVE

*Based Upon Guidance From Placer County Department Of Health/CA Department of Public Health. This document is subject to change.*

People with these symptoms may have COVID-19			Emergency warning signs
Fever (>100.4) or chills	Muscle or body aches	Sore throat	Difficulty breathing
Cough	Headache	Nausea	New confusion/delirium
Chills	New loss of taste or smell	Vomiting	Bluish lips or face
Fatigue	Congestion or runny nose	Diarrhea	Persistent chest pain or pressure

*State Guidelines for schools, state district or individual school closure is recommended based on the number of cases, the percentage of teachers/students/staff that are positive for COVID-19, and following consultation with the Local Health Officer. Individual school closures may be appropriate when there are multiple cases in multiple cohorts at a school or when at least 5 percent of the total number of students & staff are infected or potentially infected in a 14 day time period.*

<b>One or more symptom of COVID-19</b> - which cannot be explained with documentation from a physician
Exclude from school for 10 days from symptom onset. May not return to school until 24 hours after symptoms resolve without fever-reducing medication.* <b>Recommend testing - a COVID-19 test may shorten the 10-day exclusion.</b>
<b>Close Contact with a Positive COVID-19 Test</b>
Exclude for 14 days from last exposure.* <b>Recommend testing - a negative test will not shorten the 14-day quarantine.</b>
<b>Positive COVID-19 Test</b>
Exclude from school for 10 days from symptom onset or test date. May not return to school until 24 hours after symptoms resolve without fever-reducing medication.*
<b>Negative COVID-19 Test</b>
Exclude from school. May return to school 72 hours after symptoms resolve without fever-reducing medication.*
<b>Symptoms - No Test</b>
Exclude from school for 10 days from symptom onset. May not return to school until 24 hours after symptoms resolve without fever-reducing medication.*

\* Disinfection and cleaning of classroom and primary spaces where the case spent significant time will take place.

### **Additional Information from Placer County:**

[Placer County Guidance](#)

[Flow Map for COVID-19 Cases](#)